

**WHAT WE SAY WHEN WE SAY
KHOO TECK PUAT HOSPITAL MAIN FOYER, 4-5pm**

SCHEDULE OF SPEAKERS

16-Nov

Dr. Mohamed Effendy Bin Abdul Hamid

The culture and history, taboos and controversies surrounding death and dying in Southeast Asia.

17-Nov

Sim Lai Kiow

A palliative care nurse distils lessons from the death of her mother to help other patients come to terms with dying.

23-Nov

Sister Geraldine Tan

A pioneer of the hospice movement in Singapore gives her take on the question : “what is a good death?”

24-Nov

Pam Oei

A popular actress better known as one third of the Dim Sum Dollies shows a more private side as she talks about the process of grieving and how she has coped with the loss of her loved ones such as her parents and most recently fellow Dim Sum Dolly, Emma Yong.

30-Nov

Fong Yee Leong

How a well-prepared death enables the dying to have a good departure and paves the way for bereaved family members to move on.
(In Mandarin)

1-Dec

Cecilia Chua

A daughter talks about what the death of her parents taught her about acknowledging loss, celebrating life and the importance of giving the dying a beautiful sendoff.

7-Dec

Bernard Ng

A cancer survivor shares how he stepped back from the brink of death and discovered a path towards acceptance.

8-Dec

Ang Ziqian

A funeral director talks about his years growing up in a family business surrounded by taboos and misconceptions. He shares lessons on life gained from his years helping families prepare for their loved ones' final rite of passage. (In Mandarin)

SPEAKERS' PROFILES

Dr. Mohamed Effendy Bin Abdul Hamid

Dr. Mohamed Effendy is a post-Doctoral fellow in the Southeast Asian Studies Department of the National University of Singapore where he teaches a course on “Death and Dying in Southeast Asia”.

He attained his PhD in History from the Department of History, University of Hawaii at Manoa in 2013. His interests include pre-colonial and colonial Southeast Asian history. He has given several talks around the Southeast Asian region, Europe, America and China on topics related to Southeast Asian history, culture, society and religion and has also contributed numerous articles to newspapers in the region.

Ms Sim Lai Kiow

Lai Kiow is a palliative care nurse clinician at Khoo Teck Puat Hospital (KTPH) with more than 10 years of clinical experience. Trained as a general nurse and midwife, her calling to become a palliative nurse began in 2002 following the death of a loved one who succumbed to cancer.

As a trained midwife, Lai Kiow believes that when we enter this world, we are surrounded by love, comfort and care – and we deserve the same when we leave this world. This belief in “living well and leaving well” shapes her work as a palliative care nurse. She is part of the team that pioneered the Advance Care Planning programme in KTPH, which is a series of voluntary discussions that help patients and their loved ones clarify their preferences for end-of-life care

Sister Geraldine Tan

Sr. Geraldine Tan is a member of the Canossian Daughter of Charity. She is a trained nurse by profession and is currently serving as an Administrator and Nursing Director of St. Joseph's Home (Catholic Welfare Services). Regarded as one of the pioneers of the hospice movement in Singapore, she is actively involved in hospice education and has spoken at various conferences locally and in the Asia Pacific region.

Pam Oei

A well-known personality in the theatre industry, Pam has over 60 productions under her belt, but is probably most known as being one third of the Dim Sum Dollies. She also consistently contributes her time and effort to several charities including AWARE, Action for Aids, Wild Rice and Arc Children's Centre.

Fong Yee Leong

Winner of the Singapore Healthcare Humanity Award in 2009, Yee Leong has managed more than 800 palliative cases, supporting dying patients and their families on their final journey. He has published five mandarin books related to the themes of death, dying, grief and loss and was nominated for The Outstanding Young Malaysian Award in 2011.

Yee Leong is currently the advisor of Counseling and Support Department at Xiao En Group (Malaysia) and the publisher of Yiliang Publication. He is also the Vice President of Malaysia Life Line Association and a volunteer supervisor/trainer of Nectar Care Service (Singapore).

Cecilia Chua

Cecilia works as a consultant and helps out at a charity (to make amends for her past life). She says she is blessed to be surrounded by her three generational family and friends.

Cecilia wants to be known as the anak bongsu (youngest daughter) of Michael Chua Boo Lat and Madalene Chan Seok Choo who lived till 88 years and 90 years respectively. They were married for more than 60 years having spent more time together than on their own. They were ordinary folks with everyday struggles, survived the war, had 9 children, lost 3 sons and brought up 6 daughters. Cecilia will be sharing the story of their beautiful send off, a celebration of the people they loved and who loved them.

Bernard Ng

Bernard is a 69 year-old former senior police officer, happily married with a NUS undergrad son. He was diagnosed with nose cancer in 2003 and survived two subsequent relapses. In late 2009, as a result of his debilitating health aggravated by the side effects of his cancer therapies, he was hospitalized in a critical condition. Bernard's family was told to prepare for the worst, but with tenacity, he made a remarkable recovery. After his discharge from hospital, he was placed on palliative care as a home-care patient of Assisi hospice where his chronic pain was finally brought under control. With his quality of life substantially improved, Bernard is now an ardent advocate of palliative medicine.

Ang Ziqian

An funeral industry veteran, Ziqian's passion for the business started in his teens. He learnt the intricacies about funerals and how to do it well from his father. Today, he is executive director of Ang Chin Moh Funeral Directors (ACMFD), one of the biggest and oldest funeral director companies in Singapore.

Under his leadership, Ziqian has managed to transform his family business and he believes more is needed to improve Singapore's deathcare industry - a sector with poor image, scarce manpower, and inconsistent standards. These challenges spurred him to establish the Ang Chin Moh Foundation, which aims to uplift the sector with greater professionalism and to bring respect, dignity and quality to the funeral industry in Singapore.