

DIALOGUES

19 – 21 SEPTEMBER | NEE SOON SOUTH

26 – 28 SEPTEMBER | TOA PAYOH CENTRAL

SCHEDULE OF SPEAKERS

NEE SOON SOUTH

19 SEPTEMBER

2 PM

Dr. Raymond Ng, Alan Ng & Melvin Ong

Tan Tock Seng Hospital | English & Mandarin

In the seasons of life, dying and death are inevitable encounters. In journeying with the terminally ill, there may be opportunities for deep reflection, life lessons and even celebration. A doctor, a volunteer and a family caregiver share their personal experiences in their journeys as well as reflections on living well and leaving well.

5 PM

Patrick Tan

Law Society of Singapore | Mandarin

As we live in a world full of uncertainties, it is important and necessary for us to plan for our future today. Many of us wait until it is too late, not because we do not want to do anything about it but because we are unaware of our choices or what we can do.

In this informative talk, we will share with you what a will is, and its advantages and disadvantages, as well as real case studies of problems encountered in the absence of a will; and what is a lasting power of attorney.

20 SEPTEMBER

11 AM

Stephanie Hong

Law Society of Singapore | English

Serious illnesses and accidents can lead to mental incapacity or coma, and old age may result in dementia. Any of these scenarios may affect our ability or those of our loved ones in making decisions and handling our finances.

When we leave this world, do we want to make it simpler for our loved ones to handle our affairs, and avoid disputes amongst family members?

Learn the basics of a LPA and a Will, how they work and more importantly, how they apply to us.

5 PM

Sim Lai Kiow

Khoo Teck Puat Hospital | English

A palliative care nurse distils lessons from the death of her mother, as well as other patients and caregivers to advocate and facilitate advance care plans, and to help patients come to terms with dying.

21 SEPTEMBER

11 AM

Linda Chua

English

A former caregiver talks about providing care for her late mum who had dementia as well as liver cancer. Her journey was one of coming to acceptance and learning how to provide care positively and with lots of laughter and joy, and then coping with the loss of a loved one. These caregiving lessons will be distilled and shared with the public in the hope of helping and encouraging others.

2 PM

Chan Tuck Wai

Mandarin

What is a good death? How can we achieve “a good death” for ourselves?
How can we help others when they are dying?

We know that death is certain but the time of death is uncertain. How well can we prepare for the dying process? This dialogue session will involve sharing and discussing interesting experiences in palliative care and areas concerning respect, dignity and autonomy.

5 PM

Ang Ziqian

Ang Chin Moh Foundation | Mandarin & English

A funeral director talks about his years growing up in a family business surrounded by taboos and misconceptions.

He shares lessons on life gained from his years helping families prepare for their loved ones' final rite of passage.

TOA PAYOH CENTRAL

26 SEPTEMBER

11 AM

Lester Lee & Dr Wu Huei Yaw

Dover Park Hospice | English & Mandarin

When people are living with a life-threatening illness, the focus of care can be shifted from curative to comfort so that patients have an opportunity to live with dignity, and live as fully as possible in the last stage of life. This dialogue session aims to give an introduction to palliative care provided by Dover Park Hospice and will allow participants to have a better understanding and appreciation of this vital type of care.

2 PM

Dr. Raymond Ng, Alan Ng & Melvin Ong

Tan Tock Seng Hospital | English & Mandarin

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5 PM

Herbert Teo

Ang Chin Moh Foundation | English

This dialogue session will touch on how the landscape of communicating about dying, death and funerals amongst Singaporeans is taking a positive turn, and the importance of this in helping everyone broach this sensitive but significant topic that impacts all.

27 SEPTEMBER

11 AM

Judy Tan

English

A personal sharing from a former caregiver on her experience caring for her late father, initially diagnosed with dementia, who later also received a late stage cancer diagnosis with a few months to live. Hear her challenging journey of caring and road to acceptance, ultimately finding the courage to say her final goodbye to someone very close to her, gifting her father with a peaceful death.

2 PM

Sim Lai Kiow

Khoo Teck Puat Hospital | Mandarin

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28 SEPTEMBER

11 AM

Lynette Ng

Khoo Teck Puat Hospital | English

Children are often excluded from discussions about end-of-life when they have family members who are terminally ill, as older family members typically believe that children do not understand death and/or cannot cope with it. Are these perceptions accurate? This dialogue session invites discussion on this topic by reflecting on patients and families that the speaker has journeyed with in her career.

2 PM

Patrick Tan

Law Society of Singapore | Mandarin

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5 PM

Sister Geraldine Tan

English

A pioneer of the hospice movement in Singapore gives her take on the question : “what is a good death?”

SPEAKERS' PROFILES

Dr Raymond Ng

Dr Raymond Ng is a palliative care physician in Tan Tock Seng Hospital. For the last six years, he has worked in this field which helps patients with advanced illness and their families cope better with the challenges they face, including pain control and psychosocial care. He is also an advocate for advance care planning and believes that every person has a rich narrative in his/her personal life story that can leave valuable lessons.

Alan Ng

黄卓伦，人称“阿伦”， also known as Alan Ng, 66岁，在报馆任职愈35年，也是食评家。近10年策划兼主持美食活动，并带团出国旅游和游轮海上行，吃吃喝喝，玩玩乐乐。

Melvin Ong

Melvin came to know of palliative care from his volunteering experience in the past 2 years at Tan Tock Seng Hospital and Dover Park Hospice. Melvin is delighted when the patients he has helped are happy. He has learned to see birth, old age, sickness, and accept impermanence as part and parcel of human life. He strives to continue volunteering as he believes every moment counts for terminally ill patients, regardless how huge or small his contribution.

Patrick Tan

Patrick Tan is the Chief Executive Officer of Fortis Law Corporation. His areas of practice include commercial litigation and arbitration, wealth management, and private client matters. He is a Commissioner for Oaths, a Fellow with the Singapore Institute of Arbitrators, as well as an accredited Associate Mediator, appointed by the Singapore Mediation Centre and the Primary Dispute Resolution Centre of the State Courts of Singapore.

Stephanie Hong

Stephanie is one of the founding Directors of Lexton Law Corporation and has been engaged in both contentious and non-contentious legal work since 1996. Her practice areas include transactions in the conveyance of real estate, matrimonial & family matters, and probate practice including advice and drafting of Wills, Power of Attorneys and Lasting Power of Attorneys.

Sim Lai Kiow

Lai Kiow is a palliative care nurse clinician at Khoo Teck Puat Hospital (KTPH) with more than 10 years of clinical experience. Trained as a general nurse and midwife, her calling to become a palliative nurse began in 2002 following the death of a loved one who succumbed to cancer.

As a trained midwife, Lai Kiow believes that when we enter this world, we are surrounded by love, comfort and care – and we deserve the same when we leave this world. This belief in “living well and leaving well” shapes her work as a palliative care nurse. She is part of the team that pioneered the Advance Care Planning programme in KTPH, which is a series of voluntary discussions that help patients and their loved ones clarify their preferences for end-of-life care. She received the President's Award for Nurses in 2014.

Linda Chua

Linda has been a practising hypnotherapist for the past 10 years in Singapore, and has worked with various clients from all walks of life. She is also a member of the Alzheimer's Disease Association Management Committee and often participates in talks and forums on caregiving. Linda enjoys what she does and finds doing both hypnotherapy and social work rewarding as it fulfills her mission to help people.

Chan Tuck Wai

Tuck Wai is a Pharmacist by profession and currently completing his PhD in the Centre of Biomedical Ethics, NUS. He has spoken widely on aging gracefully, elderly care, palliative care, biomedical and research ethics to students, healthcare professionals, academics and the public.

Ang Ziqian

A funeral industry veteran, Ziqian's passion for the business started in his teens. He learnt the intricacies about funerals and how to do it well from his father.

Today, he is Executive Director of Ang Chin Moh Funeral Directors (ACMFD), one of the biggest and oldest family-owned funeral director companies in Singapore with over a 100-year history. Under his leadership, Ziqian has managed to transform his family business and he believes more is needed to improve Singapore's death care industry - a sector with a poor image, scarce manpower, and inconsistent standards.

These challenges spurred him to establish the Ang Chin Moh Foundation, which aims to uplift the sector with greater professionalism through education; charity and heritage and to bring respect, dignity and quality to the funeral industry in Singapore.

Lester Lee

Lester is a gifted and experienced speaker. He runs his own digital marketing company and is very active in Dover Park Hospice (DPH). He started as a befriender and started the Ambassdor Group. Currently Lester is also a DPH Governing Council member and Co-Chair of the Community Outreach Committee.

Dr Wu Huei Yaw

Dr Wu Huei Yaw is a trained palliative care physician and Medical Director of Dover Park Hospice.

Herbert Teo

Herbert serves as a Director on the Board of the Ang Chin Moh Foundation. He brings with him over 40 years of experience in mass communication skills having been in public relations, journalism, advertising, sales and marketing across a broad spectrum of related consultancies in the region. He has worked on several major projects - locally and internationally - for the Ang Chin Moh Foundation and Ang Chin Moh Funeral Directors.

Judy Tan

Judy is a former caregiver who single-handedly looked after her late father for a period of 5 years. She currently works in a multi-national corporation and still participates actively in activities organised by the Alzheimer's Disease Association. Her hope is to continue to reach out to caregivers through the sharing of her experience.

Lynette Ng

Lynette graduated from the National University of Singapore majoring in social work, and has been a medical social worker for four years. Currently, she works with Khoo Teck Puat Hospital's Palliative Care Team and Medical Intensive Care Unit.

Lynette was awarded the Promising Social Worker Award by the Singapore Association of Social Workers in October 2013 for her dedication and commitment to her vocation. She is the youngest ever winner of the award since its inception 14 years ago.

Sister Geraldine Tan

Sr. Geraldine is a member of the Canossian Daughter of Charity. She is a trained nurse by profession and is currently serving as an Administrator and Nursing Director of St. Joseph's Home (Catholic Welfare Services). Regarded as one of the pioneers of the hospice movement in Singapore, she is actively involved in hospice education and has spoken at various conferences locally and in the Asia Pacific region.